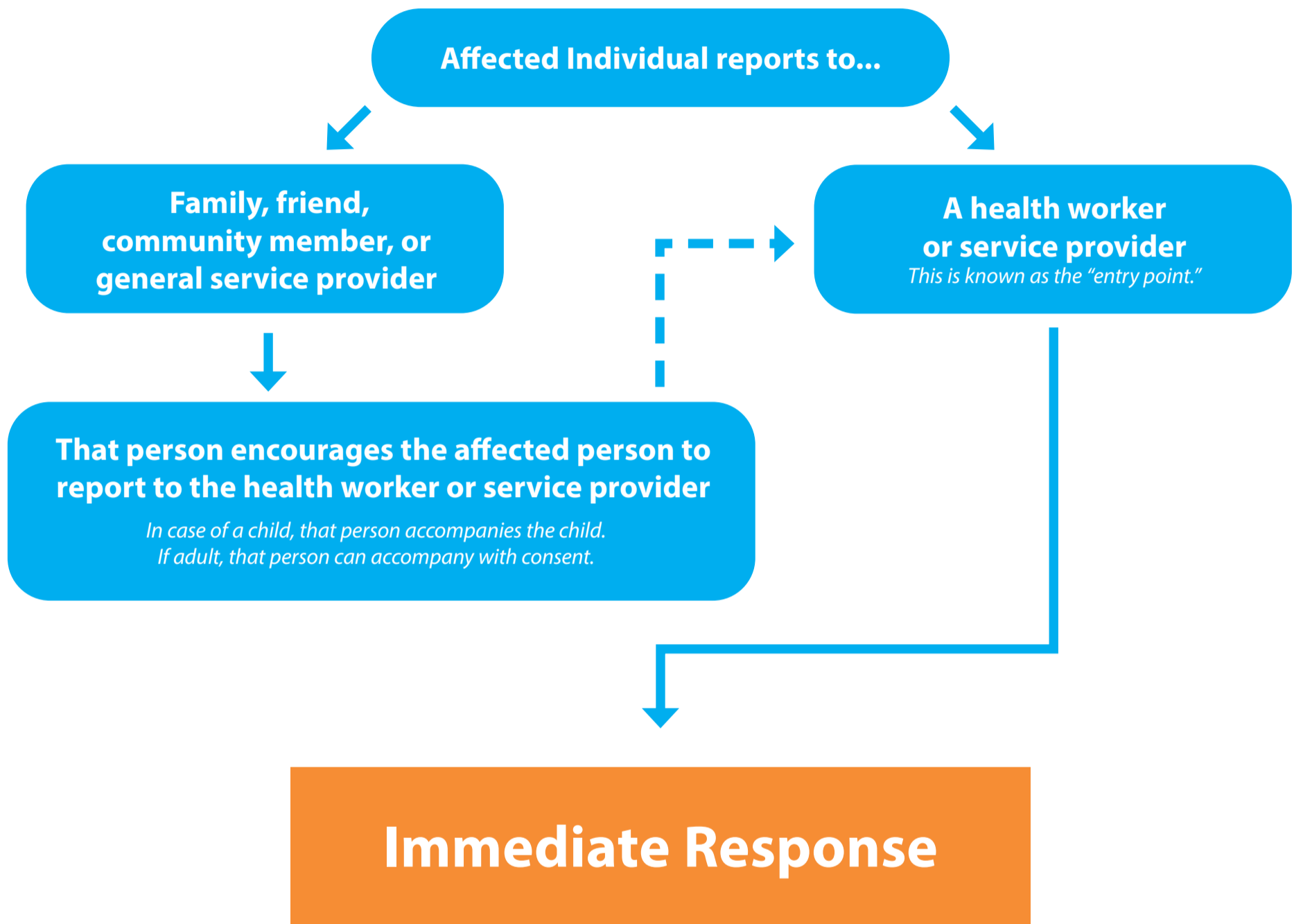




REFERRAL PATHWAY FOR Mental Health & Psychosocial Support (MHPSS) for Gender-Based Violence and Child Protection IN MALAWI

Telling Someone and Seeking Help (Disclosure)



- Allay anxiety by reassuring the client that it is normal for someone to feel the way s/he feels and that something can be done to change her/his situation for the better.
- Provide a safe, caring environment and respect the confidentiality, dignity and wishes of the client. If it is a recent incident (i.e. last week) the affected person could benefit from Psychological First Aid.
- Provide reliable and comprehensive information on the available services and support to affected individuals (this referral pathway), informing them on how to deal with the stress and risks/limitations of accessing services.

- If agreed and requested by affected individual (i.e. obtain informed consent)¹ and make a referral.
- In the case of a child, take into consideration their views in line with their age/ developmental stage. When family/guardians make a decision on behalf of the child, ensure the best interests of the child is the main consideration.
- Accompany the individual to assist him/her in accessing services.²
- For victims/survivors of sexual violence, prioritize immediate (within 72 hours) access to medical care.³

¹ The person giving informed consent, either for themselves or for others (e.g., their young child), must be competent to make the decision, participate voluntarily, have received full information and comprehended it, and understood the implications of agreeing to the service.

² Both adult and child clients should be given the opportunity to select the person to accompany him/her and in the case of confirmed COVID-19, the person selected for accompaniment should be provided with information on all the preventive measures and possible risks. His or her consent to accompany the client should be sought.

³ At a first instance is important to make referral immediately to medical care, but psychological support should be also made available for these cases.



REFERRAL PATHWAY FOR Mental Health & Psychosocial Support (MHPSS) for Gender-Based Violence and Child Protection IN MALAWI

The following persons are available to provide referrals for the specified services. Those also available to provide services are identified.

SAFETY

(If the survivor/affected individual is in immediate danger in his/her environment; if in immediate danger, also contact Police)

DEPARTMENT OF SOCIAL WELFARE

PRIMARY FOCAL PERSON: Dina Gumulira
TITLE: Director of Social Welfare
LOCATION: Lilongwe
0993 523 026/0888 345 758

SECONDARY FOCAL POINTS: Misheck Mdambo
TITLE: Social Welfare Officer
LOCATION: Lilongwe
0999 193 042

EMERGENCY/AFTER-HOURS CONTACT:
0999 193 042

DEPARTMENT OF CHILD AFFAIRS

PRIMARY FOCAL PERSON: Harry Satumba
TITLE: Chief Social Welfare Officer
LOCATION: Lilongwe
0999 193 042

SECONDARY FOCAL POINTS: McKnight Kalanda
TITLE: Director of Child Affairs
LOCATION: Lilongwe
0888 607 157 / 0999 302 234

EMERGENCY/AFTER-HOURS CONTACT:
0999 302 234

Note: All referrals to Ministry of Population Planning and Social Welfare must be done in coordination with the secondary focal point person, Mr. Misheck Mdambo

NKHATABAY DISTRICT

PRIMARY FOCAL POINT: Lickson Ng'ambi
TITLE: District Social Welfare Officer (MHPSS Service Provider)
0885 843 508

NSANJE DISTRICT

PRIMARY FOCAL POINT: Chikumbutso Salifu
TITLE: District Social Welfare Officer (MHPSS Service Provider)
0999 673 674

BLANTYRE DISTRICT

PRIMARY FOCAL POINT: Stephano Joseph
TITLE: District Social Welfare Officer (MHPSS Service Provider)
0888 38 79 52

DOWA DISTRICT

PRIMARY FOCAL POINT: Jonathan Bonongwe
TITLE: District Social Welfare Officer (MHPSS Service Provider)
0999 316 241

MZUZU DISTRICT

PRIMARY FOCAL POINT: Edward Harry Chisanga
TITLE: District Social Welfare Officer (MHPSS Service Provider)
0993 370 001

MACHINGA DISTRICT

PRIMARY FOCAL POINT: Lawrence Matiti
TITLE: District Social Welfare Officer (MHPSS Service Provider)
0999 000 377/0888 897 522

SOCIAL/ PSYCHOSOCIAL CASE MANAGEMENT

ADULTS

ST JOHN OF GOD

PRIMARY FOCAL POINT: Ndumanene Silungwe
TITLE: Psychologist and Mental Health Psychosocial Support Provider
LOCATION: Lilongwe
0999 133 593

SECONDARY FOCAL POINT: Dr. Saulosi Gondwe
TITLE: Psychiatrist
LOCATION: Mzuzu
0999 088 757

TRUST PSS

PRIMARY FOCAL PERSON: Sylvia Namakhwa
TITLE: Director
LOCATION: Lilongwe
0888 877 365

OTHER MHPSS PROVIDERS

PRIMARY FOCAL POINT: Grace Banda
TITLE: Principal Social Welfare Officer (MHPSS Service Provider)
LOCATION: Lilongwe District
0882 576 138

MANGOCHI DISTRICT

PRIMARY FOCAL POINT: MacLeod Mphande
TITLE: MHPSS Service Provider
0999 342 930

CHILDREN

SAVE THE CHILDREN

PRIMARY FOCAL POINTS: Ruth Kawale-Kamwendo
TITLE: Team Leader – Norad Framework Agreement
0992 599 044 / 0999 205 462

SECONDARY FOCAL PERSON: Thandizolathu Kadzamira
TITLE: Senior Technical Advisor – Child Protection and Child Rights Governance
LOCATION: Lilongwe
0999 842 894

UNICEF

PRIMARY FOCAL POINT: Malla Mabona
TITLE: Child Protection Specialist
LOCATION: Lilongwe
0999 328 785

SECONDARY FOCAL POINTS: Alexander Mwale
TITLE: Child Protection Officer
LOCATION: Lilongwe
0999 119 626

REPSSI

PRIMARY FOCAL POINT: George Alufandika
TITLE: Country Representative
LOCATION: Lilongwe
0888 412 824 / 0994 250344

OTHER MHPSS PROVIDERS

PRIMARY FOCAL POINT: Grace Banda
TITLE: District Social Welfare Officer
LOCATION: Lilongwe
0955 043 333

PRIMARY FOCAL POINT: MacLeod Mphande
TITLE: MHPSS Service Provider
LOCATION: Mangochi
0999 342 930

MEDICAL HEALTH CARE

KAMUZU CENTRAL HOSPITAL

NAME: Lucy Magola
TITLE: Principal Psychiatric Nursing Officer
LOCATION: Lilongwe
0884 712 191

SECONDARY FOCAL POINTS: Madalitso Makhalira
TITLE: Mental Health Clinical Officer (can be called in case of emergency at any time)
LOCATION: Kamuzu Central Hospital, Lilongwe
0992 784 208 / 0888 540 930

NTCHISI DISTRICT

PRIMARY FOCAL PERSON: Mrs Ziyamba
TITLE: Mental Health Nurse
LOCATION: Ntchisi District
0999 364 866

NSANJE DISTRICT

NAME: Dr. Ian Matandika
TITLE: Medical Officer/ Adolescent and Child Mental Health Professional
LOCATION: Nsanje District Hospital
0992 427 3010

NKHATABAY DISTRICT

PRIMARY FOCAL POINTS: Godfrey Sibale
TITLE: Mental Health Clinical Officer
0955 941 094 / 0999 199 428

SECONDARY FOCAL PERSONS: Innocent Jere
TITLE: Mental Health Clinical Officer
0885 209 397

MACHINGA DISTRICT

NAME: Thoko Mtungira
TITLE: Mental Health Nurse
0888 117 363

DOWA DISTRICT

NAME: Mrs Bethelth Kamange Chinguwo
TITLE: Mental Health Nurse
0999 405 809

NAME: Asalegamale Chiphanga
TITLE: Mental Health Nurse
0999 919 031

MZIMBA DISTRICT

NAME: Absalom Kaunda
TITLE: Mental Health Clinical Officer
0888 567 670



REFERRAL PATHWAY FOR Mental Health & Psychosocial Support (MHPSS) for Gender-Based Violence and Child Protection IN MALAWI

In the case of...

Violence or abuse, if adult wants to pursue police/ legal action *OR* Violence or abuse in the case of a child *OR* If there are immediate safety and security risks to others



Refer and when possible accompany survivor to the following service points

MULTI-SECTORAL SUPPORT

ONE-STOP CENTRES

NAME: Dr. Jonnes Masiye
TITLE: Deputy Director of Clinical Services, NCDs and Mental Health
LOCATION: Lilongwe
0999 950 947

PROTECTION, SECURITY, POLICE

MALAWI POLICE HEADQUARTERS

PRIMARY FOCAL PERSON: Alexander Ngwala
TITLE: Superintendent, National Child Protection Officer
LOCATION: Lilongwe
0999 339 996

SECONDARY FOCAL PERSON: Stella Naphiyo
TITLE: Assistant Superintendent
LOCATION: Lilongwe
0999 465 649

PRIMARY FOCAL PERSON: Patricia Njawili
TITLE: Superintendent
LOCATION: Lilongwe
0996 536 500

LEGAL SERVICES

LEGAL AID BUREAU

PRIMARY FOCAL PERSON: Masauko Chamkakala
TITLE: Director Legal Aid Bureau
EMAIL: chamkakala@yahoo.co.uk / mchamkakala@legalaidbureau.org
0996 781 900 / 0884 260 288

JUDICIARY

NAME: Ben Mbvundula, National Child Justice Forum
TITLE: National Coordinator
LOCATION: Blantyre
0999 135 878

WOMEN LAWYERS ASSOCIATION

Offering free legal aid service and representation in courts
PRIMARY FOCAL PERSON: Tadala Chinkwezule
STATUS: Pro-Bono Lawyer
LOCATION: Lilongwe
0882 002 685

PRIMARY FOCAL PERSON: Modesta Kaso
TITLE: Paralegal
LOCATION: Lilongwe
0993 699 346

PRIMARY FOCAL PERSON: Harriet Maona
TITLE: Legal Practitioner
LOCATION: Blantyre
0999 739 212

After Immediate Response, Follow-Up and Other Services

Over time and based on affected persons choices (or in the case of a child, their best interests) can include any of the following:

HEALTH CARE / LONGER-TERM MEDICAL NEEDS

SPECIALIZED PSYCHOLOGICAL SERVICES AND PSYCHIATRIC CARE

PRIMARY FOCAL POINT: Dr. Chiwoza Bandawe
TITLE: Clinical Psychologist
0999 84 10 93

PROTECTION, EMERGENCY SHELTER

CHILWA REFORMATORY CENTRE

PRIMARY FOCAL POINT: Moffat Hara
TITLE: Acting Principal
LOCATION: Zomba
0888 603 815

LILONGWE SOCIAL REHABILITATION CENTRE

PRIMARY FOCAL POINT: Peter Magomero
TITLE: Centre Manager
0888 618 700/ 0993 204 320

YONECO RUMPHI SAFE HOME

PRIMARY FOCAL POINT: MacBain Mkandawire
TITLE: Executive Director
0888 958 726/0999 953 542

PSYCHOSOCIAL SUPPORT

MPEMBA REFORMATORY CENTRE

PRIMARY FOCAL POINT: Leah Chuza
TITLE: Acting Principal
LOCATION: Blantyre
0999 931 958

YONECO ZOMBA SAFE HOME

PRIMARY FOCAL POINT: MacBain Mkandawire
TITLE: Executive Director
LOCATION: Zomba
0888 958 726/ 0999 953 542

Note: Contact any District Social Welfare Office and the District Gender Officers for all other Sexual and Gender related support